

## **BSA E-Update – March 2022**

### **Tinnitus and Hyperacusis Special Interest Group**

Over the last year, the TH SIG steering committee have been busy working on developing our plans for hyperacusis. We have successfully conducted our first study for hyperacusis which was a service evaluation survey on current practice and training for hyperacusis in adults. The responses from the survey are being used to inform our next steps with developing practice guidance and recommended procedures for hyperacusis. The survey highlighted the need for information resources to help in clinical practice and support patients. Therefore, our first step has been to create information leaflets for hyperacusis including 'all about hyperacusis', 'hearing protection' and 'hyperacusis in children' that can be given directly to patients as additional reading to take away with them which will be available later this year so keep an eye for announcements. We have continued to expand our tinnitus work, including updating the Practice guidance for tinnitus in children, creating online learning sessions on recommended procedures for determining Uncomfortable Loudness Levels and NICE guidance for assessing mental health in tinnitus which will be available later this year. Finally, we are pleased to announce that the Practice guidance for tinnitus in adults have been published! This is a great achievement for the SIG and fantastic to see all the hard work come together. The guidance is available through the BSA resources: <https://www.thebsa.org.uk/resources/> so please download them and share with your colleagues. Thank you to everyone that contributed to this guidance.

If you are interested in hyperacusis or tinnitus, we welcome further applications to join our SIG from across the wider BSA membership, so please do get in touch if you are interested:

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