

ACTIVITIES TO MINIMISE THE EFFECTS OF AN AUDITORY PROCESSING DIFFICULTY (HOME & SCHOOL)



These activities and games should be enjoyable! There are many more that you will know! Do them 1:1 or in small groups at school or as family games at home. These games can be adapted to suit different age groups. I have, for example, adapted the “silly sentences” game for use with high school students by using set texts from Shakespeare.

- Listening for “same” or “different” sounds – such auditory training games may already be in school.
- Listening for “Silly Sentences” and missed words in familiar rhymes or stories
- Auditory sequencing / memory games such as “ I went to the shops”
- “Simon Says ...” But give more complex 3 or 4 element instructions. If she finds this difficult, reduce the number of elements
- Gradually increase the number of elements in an instruction; “go upstairs, look in the airing cupboard and bring down the red bath towel and a white hand towel
- Auditory discrimination activities
- Play mime games such as “charades” to develop attention and the ability to read visual clues
- Pass on the message – first in quiet, then introduce background noise and other distractions. Increase the complexity of the “message” gradually.
- Copy that tune! Repeat a simple tapped rhythm or riff (musical phrase), if the child plays a musical instrument.
- Find that noise! Sound location games with eyes closed
- Listen to audio books and follow the words
- Make colourful mind maps for revision
- Easier to remember own voice! Suggest they make their own “Teach Yourself” audio/visual aids. For example, learn a topic, then “teach it to yourself” by explaining the topic onto a cd or tape. Some older students have enjoyed filming themselves delivering a lesson on their mobile phones. They then listen/watch back and note anything they have missed.

Pauline Grant

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